



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Dr. Hunold, Matthias

Club: Hildburghausen

Number: 524

Course: 42.25 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 3:38:31

Speed: 11.60 km/h

Running performance: 5:10 min/km

Rank in course/Total: 23 (of 119)

Rank in course/Men: 23 (of 107)

Best time in course: 2:53:03

Rank in category: 2(of 10)

Best time in the category: 3:23:54

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:40	4:12	1	-	13	1:51	3.25	13:40	4:12	1	-	13	1:51
Lap 2	3.25	14:45	4:32	2	0:01	16	2:05	6.50	28:25	4:22	1	-	13	3:56
Lap 3	3.25	15:11	4:40	2	0:38	17	2:40	9.75	43:36	4:28	2	0:18	16	6:23
Lap 4	3.25	15:31	4:46	2	1:09	19	2:52	13.00	59:07	4:32	2	1:27	16	9:07
Lap 5	3.25	16:17	5:00	2	2:03	26	3:20	16.25	1:15:24	4:38	2	3:30	18	12:27
Lap 6	3.25	16:22	5:02	2	1:42	23	3:16	19.50	1:31:46	4:42	2	5:12	20	15:37
Lap 7	3.25	16:21	5:01	2	1:39	21	3:17	22.75	1:48:07	4:45	2	6:51	19	18:41
Lap 8	3.25	17:10	5:16	2	2:04	28	4:05	26.00	2:05:17	4:49	2	8:55	19	22:46
Lap 9	3.25	17:44	5:27	2	2:34	35	4:09	29.25	2:23:01	4:53	2	11:29	20	26:55
Lap 10	3.25	19:26	5:58	4	3:05	53	5:19	32.50	2:42:27	4:59	2	14:34	21	32:14
Lap 11	3.25	18:36	5:43	3	0:27	39	4:39	35.75	3:01:03	5:03	2	15:01	21	36:53
Lap 12	3.25	19:47	6:05	4	1:15	52	5:45	39.00	3:20:50	5:08	2	15:54	23	42:38
Last lap Finish	3.25	17:41	5:26	1	-	25	2:50	42.25	3:38:31	5:10	2	14:37	23	45:28