



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Bart, Ernst

Club: Laufwunder-Steyr

Number: 504

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:40:46

Speed: 11.48 km/h

Running performance: 5:14 min/km

Rank in course/Total: 26 (of 119)

Rank in course/Men: 26 (of 107)

Best time in course: 2:53:03

Rank in category: 7(of 24)

Best time in the category: 3:08:05

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:44	5:08	11	3:36	48	4:55	3.25	16:44	5:08	11	3:36	48	4:55
Lap 2	3.25	16:03	4:56	8	2:14	30	3:23	6.50	32:47	5:02	10	5:44	42	8:18
Lap 3	3.25	16:08	4:57	6	2:30	27	3:37	9.75	48:55	5:01	7	8:05	37	11:42
Lap 4	3.25	16:20	5:01	6	2:36	28	3:41	13.00	1:05:15	5:01	7	10:41	35	15:15
Lap 5	3.25	16:12	4:59	6	2:22	24	3:15	16.25	1:21:27	5:00	6	13:03	27	18:30
Lap 6	3.25	16:31	5:04	6	2:22	27	3:25	19.50	1:37:58	5:01	6	15:25	26	21:49
Lap 7	3.25	16:58	5:13	6	2:53	33	3:54	22.75	1:54:56	5:03	6	18:18	27	25:30
Lap 8	3.25	16:48	5:10	6	1:57	23	3:43	26.00	2:11:44	5:03	6	20:09	25	29:13
Lap 9	3.25	17:18	5:19	7	2:24	30	3:43	29.25	2:29:02	5:05	6	22:27	25	32:56
Lap 10	3.25	17:40	5:26	8	2:21	30	3:33	32.50	2:46:42	5:07	6	24:48	25	36:29
Lap 11	3.25	17:49	5:28	6	2:36	24	3:52	35.75	3:04:31	5:09	6	27:24	25	40:21
Lap 12	3.25	18:41	5:44	10	2:56	34	4:39	39.00	3:23:12	5:12	6	30:20	24	45:00
Last lap Finish	3.25	17:34	5:24	7	2:21	23	2:43	42.25	3:40:46	5:13	7	32:41	26	47:43