



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Dohr, Andreas

Club: Team Erdinger Alkoholfrei

Number: 522

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:41:56

Speed: 11.42 km/h

Running performance: 5:15 min/km

Rank in course/Total: 27 (of 119)

Rank in course/Men: 27 (of 107)

Best time in course: 2:53:03

Rank in category: 7(of 24)

Best time in the category: 2:53:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:17	5:19	15	5:11	62	5:28	3.25	17:17	5:19	15	5:11	62	5:28
Lap 2	3.25	16:32	5:05	11	3:47	41	3:52	6.50	33:49	5:12	13	8:56	51	9:20
Lap 3	3.25	16:15	5:00	9	3:44	29	3:44	9.75	50:04	5:08	11	12:25	45	12:51
Lap 4	3.25	16:50	5:10	10	4:11	40	4:11	13.00	1:06:54	5:08	11	16:36	45	16:54
Lap 5	3.25	16:02	4:56	7	3:04	22	3:05	16.25	1:22:56	5:06	10	19:40	39	19:59
Lap 6	3.25	16:40	5:07	9	3:34	29	3:34	19.50	1:39:36	5:06	10	23:14	37	23:27
Lap 7	3.25	16:53	5:11	9	3:49	32	3:49	22.75	1:56:29	5:07	10	27:03	34	27:03
Lap 8	3.25	17:14	5:18	7	4:09	30	4:09	26.00	2:13:43	5:08	10	31:12	33	31:12
Lap 9	3.25	16:35	5:06	7	3:00	19	3:00	29.25	2:30:18	5:08	8	34:12	28	34:12
Lap 10	3.25	17:45	5:27	8	3:38	31	3:38	32.50	2:48:03	5:10	8	37:50	28	37:50
Lap 11	3.25	17:50	5:29	8	3:53	25	3:53	35.75	3:05:53	5:11	8	41:43	27	41:43
Lap 12	3.25	18:15	5:36	6	4:13	24	4:13	39.00	3:24:08	5:14	8	45:56	28	45:56
Last lap Finish	3.25	17:48	5:28	7	2:57	28	2:57	42.25	3:41:56	5:15	7	48:53	27	48:53