



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Fröhlich, Peter

Club: LG eXa Leipzig

Number: 531

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:48:12

Speed: 11.11 km/h

Running performance: 5:24 min/km

Rank in course/Total: 38 (of 119)

Rank in course/Men: 37 (of 107)

Best time in course: 2:53:03

Rank in category: 7(of 16)

Best time in the category: 3:11:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:47	4:51	4	2:26	36	3:58	3.25	15:47	4:51	4	2:26	36	3:58
Lap 2	3.25	16:38	5:07	4	2:53	45	3:58	6.50	32:25	4:59	4	5:19	38	7:56
Lap 3	3.25	16:40	5:07	6	2:45	40	4:09	9.75	49:05	5:02	5	8:04	41	11:52
Lap 4	3.25	16:49	5:10	6	2:44	39	4:10	13.00	1:05:54	5:04	5	10:48	41	15:54
Lap 5	3.25	17:35	5:24	9	3:25	55	4:38	16.25	1:23:29	5:08	6	14:13	44	20:32
Lap 6	3.25	16:49	5:10	3	2:22	31	3:43	19.50	1:40:18	5:08	5	16:35	40	24:09
Lap 7	3.25	16:51	5:11	6	2:06	29	3:47	22.75	1:57:09	5:08	5	18:41	37	27:43
Lap 8	3.25	17:31	5:23	7	2:27	34	4:26	26.00	2:14:40	5:10	5	21:08	37	32:09
Lap 9	3.25	17:13	5:17	5	1:58	27	3:38	29.25	2:31:53	5:11	5	23:06	35	35:47
Lap 10	3.25	17:30	5:23	6	1:59	28	3:23	32.50	2:49:23	5:12	4	25:05	33	39:10
Lap 11	3.25	18:06	5:34	5	2:28	28	4:09	35.75	3:07:29	5:14	5	27:33	32	43:19
Lap 12	3.25	18:48	5:47	6	3:02	37	4:46	39.00	3:26:17	5:17	5	30:35	32	48:05
Last lap Finish	3.25	21:55	6:44	8	6:27	63	7:04	42.25	3:48:12	5:24	7	37:02	37	55:09