



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Süß, Robert

Club: Barnstädt

Number: 639

Course: 42.25 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 4:03:16

Speed: 10.36 km/h

Running performance: 5:46 min/km

Rank in course/Total: 55 (of 119)

Rank in course/Men: 53 (of 107)

Best time in course: 2:53:03

Rank in category: 5(of 6)

Best time in the category: 3:28:30

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 15:38 | 4:48 | 3 | 0:13 | 32 | 3:49 | 3.25 | 15:38 | 4:48 | 3 | 0:13 | 32 | 3:49 |
| Lap 2 | 3.25 | 17:16 | 5:18 | 3 | 2:06 | 52 | 4:36 | 6.50 | 32:54 | 5:03 | 3 | 2:19 | 45 | 8:25 |
| Lap 3 | 3.25 | 19:05 | 5:52 | 6 | 4:07 | 82 | 6:34 | 9.75 | 51:59 | 5:19 | 3 | 6:26 | 53 | 14:46 |
| Lap 4 | 3.25 | 18:30 | 5:41 | 5 | 3:16 | 72 | 5:51 | 13.00 | 1:10:29 | 5:25 | 3 | 9:42 | 60 | 20:29 |
| Lap 5 | 3.25 | 17:30 | 5:23 | 6 | 2:20 | 52 | 4:33 | 16.25 | 1:27:59 | 5:24 | 3 | 12:02 | 57 | 25:02 |
| Lap 6 | 3.25 | 17:33 | 5:24 | 4 | 2:22 | 49 | 4:27 | 19.50 | 1:45:32 | 5:24 | 3 | 14:24 | 56 | 29:23 |
| Lap 7 | 3.25 | 17:43 | 5:27 | 3 | 2:08 | 47 | 4:39 | 22.75 | 2:03:15 | 5:25 | 3 | 16:32 | 55 | 33:49 |
| Lap 8 | 3.25 | 19:24 | 5:58 | 5 | 3:12 | 65 | 6:19 | 26.00 | 2:22:39 | 5:29 | 4 | 19:44 | 56 | 40:08 |
| Lap 9 | 3.25 | 19:53 | 6:07 | 5 | 3:22 | 60 | 6:18 | 29.25 | 2:42:32 | 5:33 | 4 | 23:06 | 59 | 46:26 |
| Lap 10 | 3.25 | 21:02 | 6:28 | 5 | 3:33 | 71 | 6:55 | 32.50 | 3:03:34 | 5:38 | 5 | 26:39 | 59 | 53:21 |
| Lap 11 | 3.25 | 21:00 | 6:27 | 5 | 3:17 | 62 | 7:03 | 35.75 | 3:24:34 | 5:43 | 5 | 29:56 | 58 | 1:00:24 |
| Lap 12 | 3.25 | 19:55 | 6:07 | 4 | 3:20 | 53 | 5:53 | 39.00 | 3:44:29 | 5:45 | 5 | 33:16 | 59 | 1:06:17 |
| Last lap Finish | 3.25 | 18:47 | 5:46 | 4 | 1:30 | 38 | 3:56 | 42.25 | 4:03:16 | 5:45 | 5 | 34:46 | 53 | 1:10:13 |