



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Beyer, Björn

Club: Team Powerhunde

Number: 7

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 38:40

Speed: 15.13 km/h

Running performance: 3:58 min/km

Rank in course/Total: 4 (of 181)

Rank in course/Men: 4 (of 122)

Best time in course: 34:17

Rank in category: 2(of 12)

Best time in the category: 37:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:41	3:54	3	0:46	6	1:16	3.25	12:41	3:54	3	0:46	6	1:16
Lap 2	3.25	13:04	4:01	2	0:27	4	1:35	6.50	25:45	3:57	3	1:13	5	2:51
Last lap Finish	3.25	12:55	3:58	2	0:21	5	1:32	9.75	38:40	3:57	2	1:34	4	4:23