



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Kajüter, Burkhard

Club: Emsbüren

Number: 558

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:13:29

Speed: 9.94 km/h

Running performance: 6:00 min/km

Rank in course/Total: 73 (of 119)

Rank in course/Men: 67 (of 107)

Best time in course: 2:53:03

Rank in category: 10(of 16)

Best time in the category: 3:11:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	17:13	5:17	10	3:52	61	5:24	3.25	17:13	5:17	10	3:52	61	5:24
Lap 2	3.25	17:26	5:21	7	3:41	54	4:46	6.50	34:39	5:19	8	7:33	56	10:10
Lap 3	3.25	18:06	5:34	10	4:11	63	5:35	9.75	52:45	5:24	10	11:44	61	15:32
Lap 4	3.25	17:27	5:22	9	3:22	54	4:48	13.00	1:10:12	5:24	10	15:06	59	20:12
Lap 5	3.25	17:48	5:28	10	3:38	58	4:51	16.25	1:28:00	5:24	10	18:44	58	25:03
Lap 6	3.25	18:17	5:37	10	3:50	60	5:11	19.50	1:46:17	5:27	10	22:34	60	30:08
Lap 7	3.25	18:49	5:47	10	4:04	66	5:45	22.75	2:05:06	5:29	10	26:38	62	35:40
Lap 8	3.25	20:13	6:13	11	5:09	79	7:08	26.00	2:25:19	5:35	10	31:47	61	42:48
Lap 9	3.25	19:42	6:03	10	4:27	58	6:07	29.25	2:45:01	5:38	10	36:14	61	48:55
Lap 10	3.25	22:35	6:56	13	7:04	88	8:28	32.50	3:07:36	5:46	10	43:18	68	57:23
Lap 11	3.25	21:53	6:44	11	6:15	75	7:56	35.75	3:29:29	5:51	10	49:33	68	1:05:19
Lap 12	3.25	22:23	6:53	10	6:37	74	8:21	39.00	3:51:52	5:56	10	56:10	67	1:13:40
Last lap Finish	3.25	21:37	6:39	7	6:09	59	6:46	42.25	4:13:29	5:59	10	1:02:19	67	1:20:26