



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

**Mörsdorf, Thomas**

Club: Schmelz

Number: 588

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:18:28

Speed: 9.75 km/h

Running performance: 6:07 min/km

Rank in course/Total: 78 (of 119)

Rank in course/Men: 72 (of 107)

Best time in course: 2:53:03

Rank in category: 18(of 24)

Best time in the category: 2:53:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:37	5:43	19	6:31	83	6:48	3.25	18:37	5:43	19	6:31	83	6:48
Lap 2	3.25	18:45	5:46	20	6:00	78	6:05	6.50	37:22	5:44	20	12:29	80	12:53
Lap 3	3.25	18:32	5:42	20	6:01	75	6:01	9.75	55:54	5:44	20	18:15	79	18:41
Lap 4	3.25	18:46	5:46	20	6:07	78	6:07	13.00	1:14:40	5:44	20	24:22	78	24:40
Lap 5	3.25	19:08	5:53	20	6:10	78	6:11	16.25	1:33:48	5:46	20	30:32	79	30:51
Lap 6	3.25	19:15	5:55	18	6:09	77	6:09	19.50	1:53:03	5:47	20	36:41	79	36:54
Lap 7	3.25	19:31	6:00	19	6:27	79	6:27	22.75	2:12:34	5:49	20	43:08	79	43:08
Lap 8	3.25	20:03	6:10	18	6:58	73	6:58	26.00	2:32:37	5:52	20	50:06	79	50:06
Lap 9	3.25	21:44	6:41	18	8:09	84	8:09	29.25	2:54:21	5:57	20	58:15	80	58:15
Lap 10	3.25	20:52	6:25	17	6:45	68	6:45	32.50	3:15:13	6:00	19	1:05:00	78	1:05:00
Lap 11	3.25	21:28	6:36	17	7:31	71	7:31	35.75	3:36:41	6:03	18	1:12:31	75	1:12:31
Lap 12	3.25	22:08	6:48	19	8:06	69	8:06	39.00	3:58:49	6:07	18	1:20:37	76	1:20:37
Last lap Finish	3.25	19:39	6:02	12	4:48	49	4:48	42.25	4:18:28	6:07	18	1:25:25	72	1:25:25