



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

barassi, chiara

Club: luino

Number: 503

Course: 42.25 km

Marathon

Category:

Frauen (20-29 Jahre)

Total time: 4:21:25

Speed: 9.64 km/h

Running performance: 6:11 min/km

Rank in course/Total: 84 (of 119)

Rank in course/Women: 7 (of 12)

Best time in course: 3:46:38

Rank in category: 2(of 2)

Best time in the category: 4:04:54

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:15	5:18	1	-	3	2:11	3.25	17:15	5:18	1	-	3	2:11
Lap 2	3.25	17:48	5:28	1	-	5	1:45	6.50	35:03	5:23	1	-	5	3:56
Lap 3	3.25	18:01	5:32	1	-	5	1:34	9.75	53:04	5:26	1	-	5	5:30
Lap 4	3.25	17:46	5:28	1	-	4	1:10	13.00	1:10:50	5:26	1	-	5	6:36
Lap 5	3.25	18:01	5:32	1	-	4	1:13	16.25	1:28:51	5:28	1	-	4	7:44
Lap 6	3.25	18:47	5:46	2	0:14	6	1:35	19.50	1:47:38	5:31	1	-	5	9:19
Lap 7	3.25	19:03	5:51	2	0:46	6	1:36	22.75	2:06:41	5:34	1	-	5	10:44
Lap 8	3.25	19:34	6:01	2	1:00	6	2:01	26.00	2:26:15	5:37	1	-	5	12:12
Lap 9	3.25	20:04	6:10	2	0:29	6	2:17	29.25	2:46:19	5:41	2	0:14	6	14:04
Lap 10	3.25	23:49	7:19	2	4:02	10	5:22	32.50	3:10:08	5:51	2	4:16	6	19:26
Lap 11	3.25	25:27	7:49	2	6:07	10	6:33	35.75	3:35:35	6:01	2	10:23	7	25:46
Lap 12	3.25	23:23	7:11	2	3:42	8	4:18	39.00	3:58:58	6:07	2	14:05	7	30:04
Last lap Finish	3.25	22:27	6:54	2	2:26	8	4:43	42.25	4:21:25	6:11	2	16:31	7	34:47