



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Schmid, Jörg

Club: Rennsteiglaufverein, Arnstadt
Number: 624

Course: 42.25 km
Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 4:21:16

Speed: 9.65 km/h
Running performance: 6:11 min/km

Rank in course/Total: 83 (of 119)

Rank in course/Men: 77 (of 107)

Best time in course: 2:53:03

Rank in category: 6(of 10)

Best time in the category: 3:23:54

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:38 | 5:25 | 6 | 3:58 | 66 | 5:49 | 3.25 | 17:38 | 5:25 | 6 | 3:58 | 66 | 5:49 |
| Lap 2 | 3.25 | 18:58 | 5:50 | 7 | 4:14 | 83 | 6:18 | 6.50 | 36:36 | 5:37 | 6 | 8:11 | 70 | 12:07 |
| Lap 3 | 3.25 | 18:15 | 5:36 | 6 | 3:42 | 69 | 5:44 | 9.75 | 54:51 | 5:37 | 6 | 11:33 | 69 | 17:38 |
| Lap 4 | 3.25 | 18:26 | 5:40 | 6 | 4:04 | 71 | 5:47 | 13.00 | 1:13:17 | 5:38 | 6 | 15:37 | 70 | 23:17 |
| Lap 5 | 3.25 | 19:05 | 5:52 | 6 | 4:51 | 77 | 6:08 | 16.25 | 1:32:22 | 5:41 | 6 | 20:28 | 75 | 29:25 |
| Lap 6 | 3.25 | 18:42 | 5:45 | 6 | 4:02 | 69 | 5:36 | 19.50 | 1:51:04 | 5:41 | 6 | 24:30 | 75 | 34:55 |
| Lap 7 | 3.25 | 19:04 | 5:51 | 6 | 4:22 | 69 | 6:00 | 22.75 | 2:10:08 | 5:43 | 6 | 28:52 | 75 | 40:42 |
| Lap 8 | 3.25 | 19:07 | 5:52 | 5 | 4:01 | 60 | 6:02 | 26.00 | 2:29:15 | 5:44 | 6 | 32:53 | 73 | 46:44 |
| Lap 9 | 3.25 | 20:05 | 6:10 | 6 | 4:55 | 64 | 6:30 | 29.25 | 2:49:20 | 5:47 | 6 | 37:48 | 71 | 53:14 |
| Lap 10 | 3.25 | 20:46 | 6:23 | 5 | 4:25 | 66 | 6:39 | 32.50 | 3:10:06 | 5:50 | 6 | 42:13 | 71 | 59:53 |
| Lap 11 | 3.25 | 23:59 | 7:22 | 9 | 5:50 | 93 | 10:02 | 35.75 | 3:34:05 | 5:59 | 6 | 48:03 | 73 | 1:09:55 |
| Lap 12 | 3.25 | 23:25 | 7:12 | 8 | 4:53 | 87 | 9:23 | 39.00 | 3:57:30 | 6:05 | 6 | 52:34 | 73 | 1:19:18 |
| Last lap Finish | 3.25 | 23:46 | 7:18 | 7 | 6:05 | 85 | 8:55 | 42.25 | 4:21:16 | 6:11 | 6 | 57:22 | 77 | 1:28:13 |