



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

**Moritzen, Kai**

Club: Dreieich

Number: 587

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:29:36

Speed: 9.35 km/h

Running performance: 6:23 min/km

Rank in course/Total: 93 (of 119)

Rank in course/Men: 86 (of 107)

Best time in course: 2:53:03

Rank in category: 12(of 16)

Best time in the category: 3:11:10

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:32	5:42	14	5:11	79	6:43	3.25	18:32	5:42	14	5:11	79	6:43
Lap 2	3.25	18:38	5:44	13	4:53	76	5:58	6.50	37:10	5:43	13	10:04	77	12:41
Lap 3	3.25	18:46	5:46	12	4:51	80	6:15	9.75	55:56	5:44	13	14:55	80	18:43
Lap 4	3.25	18:40	5:44	11	4:35	75	6:01	13.00	1:14:36	5:44	12	19:30	77	24:36
Lap 5	3.25	18:42	5:45	12	4:32	73	5:45	16.25	1:33:18	5:44	12	24:02	78	30:21
Lap 6	3.25	19:15	5:55	11	4:48	77	6:09	19.50	1:52:33	5:46	12	28:50	78	36:24
Lap 7	3.25	19:39	6:02	11	4:54	80	6:35	22.75	2:12:12	5:48	12	33:44	78	42:46
Lap 8	3.25	19:59	6:08	10	4:55	71	6:54	26.00	2:32:11	5:51	12	38:39	78	49:40
Lap 9	3.25	20:39	6:21	12	5:24	73	7:04	29.25	2:52:50	5:54	12	44:03	78	56:44
Lap 10	3.25	22:06	6:48	11	6:35	81	7:59	32.50	3:14:56	5:59	12	50:38	76	1:04:43
Lap 11	3.25	23:21	7:11	13	7:43	87	9:24	35.75	3:38:17	6:06	12	58:21	78	1:14:07
Lap 12	3.25	24:51	7:38	13	9:05	96	10:49	39.00	4:03:08	6:14	12	1:07:26	80	1:24:56
Last lap Finish	3.25	26:28	8:08	15	11:00	101	11:37	42.25	4:29:36	6:22	12	1:18:26	86	1:36:33