



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Gacik, Sasa

Club: Nis

Number: 533

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:36:02

Speed: 9.13 km/h

Running performance: 6:32 min/km

Rank in course/Total: 98 (of 119)

Rank in course/Men: 90 (of 107)

Best time in course: 2:53:03

Rank in category: 22(of 24)

Best time in the category: 3:08:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	20:16	6:14	23	7:08	99	8:27	3.25	20:16	6:14	23	7:08	99	8:27
Lap 2	3.25	20:30	6:18	22	6:41	97	7:50	6.50	40:46	6:16	23	13:43	98	16:17
Lap 3	3.25	20:24	6:16	21	6:46	95	7:53	9.75	1:01:10	6:16	23	20:20	98	23:57
Lap 4	3.25	20:30	6:18	21	6:46	93	7:51	13.00	1:21:40	6:16	23	27:06	98	31:40
Lap 5	3.25	20:29	6:18	21	6:39	90	7:32	16.25	1:42:09	6:17	22	33:45	97	39:12
Lap 6	3.25	19:28	5:59	20	5:19	83	6:22	19.50	2:01:37	6:14	21	39:04	93	45:28
Lap 7	3.25	19:10	5:53	14	5:05	72	6:06	22.75	2:20:47	6:11	21	44:09	91	51:21
Lap 8	3.25	19:41	6:03	16	4:50	68	6:36	26.00	2:40:28	6:10	20	48:53	86	57:57
Lap 9	3.25	21:35	6:38	23	6:41	82	8:00	29.25	3:02:03	6:13	20	55:28	86	1:05:57
Lap 10	3.25	23:27	7:12	24	8:08	95	9:20	32.50	3:25:30	6:19	22	1:03:36	88	1:15:17
Lap 11	3.25	23:47	7:19	23	8:34	91	9:50	35.75	3:49:17	6:24	22	1:12:10	89	1:25:07
Lap 12	3.25	24:00	7:23	22	8:15	90	9:58	39.00	4:13:17	6:29	22	1:20:25	91	1:35:05
Last lap Finish	3.25	22:45	7:00	20	7:32	79	7:54	42.25	4:36:02	6:32	22	1:27:57	90	1:42:59