



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Ratzinger, Sascha

Club: TG Viktoria Augsburg

Number: 608

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:40:54

Speed: 8.97 km/h

Running performance: 6:39 min/km

Rank in course/Total: 104 (of 119)

Rank in course/Men: 96 (of 107)

Best time in course: 2:53:03

Rank in category: 23(of 24)

Best time in the category: 2:53:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:03	5:33	17	5:57	70	6:14	3.25	18:03	5:33	17	5:57	70	6:14
Lap 2	3.25	19:13	5:54	21	6:28	86	6:33	6.50	37:16	5:44	19	12:23	78	12:47
Lap 3	3.25	19:23	5:57	21	6:52	86	6:52	9.75	56:39	5:48	21	19:00	84	19:26
Lap 4	3.25	19:37	6:02	21	6:58	85	6:58	13.00	1:16:16	5:51	21	25:58	83	26:16
Lap 5	3.25	20:06	6:11	21	7:08	85	7:09	16.25	1:36:22	5:55	21	33:06	83	33:25
Lap 6	3.25	20:43	6:22	21	7:37	90	7:37	19.50	1:57:05	6:00	21	40:43	85	40:56
Lap 7	3.25	21:52	6:43	23	8:48	97	8:48	22.75	2:18:57	6:06	21	49:31	87	49:31
Lap 8	3.25	22:56	7:03	24	9:51	100	9:51	26.00	2:41:53	6:13	21	59:22	89	59:22
Lap 9	3.25	24:48	7:37	24	11:13	101	11:13	29.25	3:06:41	6:22	21	1:10:35	95	1:10:35
Lap 10	3.25	24:30	7:32	24	10:23	102	10:23	32.50	3:31:11	6:29	23	1:20:58	97	1:20:58
Lap 11	3.25	25:14	7:45	23	11:17	99	11:17	35.75	3:56:25	6:36	23	1:32:15	98	1:32:15
Lap 12	3.25	21:58	6:45	16	7:56	65	7:56	39.00	4:18:23	6:37	23	1:40:11	97	1:40:11
Last lap Finish	3.25	22:31	6:55	18	7:40	74	7:40	42.25	4:40:54	6:38	23	1:47:51	96	1:47:51