



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Raskovic, Ninoslav

Club: Memmingen

Number: 607

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:39:56

Speed: 9.00 km/h

Running performance: 6:38 min/km

Rank in course/Total: 102 (of 119)

Rank in course/Men: 94 (of 107)

Best time in course: 2:53:03

Rank in category: 22(of 24)

Best time in the category: 2:53:03

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 20:16 | 6:14 | 23 | 8:10 | 99 | 8:27 | 3.25 | 20:16 | 6:14 | 23 | 8:10 | 99 | 8:27 |
| Lap 2 | 3.25 | 20:30 | 6:18 | 22 | 7:45 | 97 | 7:50 | 6.50 | 40:46 | 6:16 | 22 | 15:53 | 98 | 16:17 |
| Lap 3 | 3.25 | 20:24 | 6:16 | 22 | 7:53 | 95 | 7:53 | 9.75 | 1:01:10 | 6:16 | 22 | 23:31 | 98 | 23:57 |
| Lap 4 | 3.25 | 20:30 | 6:18 | 22 | 7:51 | 93 | 7:51 | 13.00 | 1:21:40 | 6:16 | 22 | 31:22 | 98 | 31:40 |
| Lap 5 | 3.25 | 20:29 | 6:18 | 22 | 7:31 | 90 | 7:32 | 16.25 | 1:42:09 | 6:17 | 22 | 38:53 | 97 | 39:12 |
| Lap 6 | 3.25 | 21:43 | 6:40 | 23 | 8:37 | 98 | 8:37 | 19.50 | 2:03:52 | 6:21 | 22 | 47:30 | 97 | 47:43 |
| Lap 7 | 3.25 | 20:54 | 6:25 | 21 | 7:50 | 89 | 7:50 | 22.75 | 2:24:46 | 6:21 | 22 | 55:20 | 96 | 55:20 |
| Lap 8 | 3.25 | 21:37 | 6:39 | 20 | 8:32 | 92 | 8:32 | 26.00 | 2:46:23 | 6:23 | 22 | 1:03:52 | 96 | 1:03:52 |
| Lap 9 | 3.25 | 21:49 | 6:42 | 19 | 8:14 | 87 | 8:14 | 29.25 | 3:08:12 | 6:26 | 22 | 1:12:06 | 96 | 1:12:06 |
| Lap 10 | 3.25 | 21:49 | 6:42 | 20 | 7:42 | 77 | 7:42 | 32.50 | 3:30:01 | 6:27 | 21 | 1:19:48 | 95 | 1:19:48 |
| Lap 11 | 3.25 | 22:49 | 7:01 | 21 | 8:52 | 85 | 8:52 | 35.75 | 3:52:50 | 6:30 | 22 | 1:28:40 | 95 | 1:28:40 |
| Lap 12 | 3.25 | 23:12 | 7:08 | 21 | 9:10 | 84 | 9:10 | 39.00 | 4:16:02 | 6:33 | 21 | 1:37:50 | 95 | 1:37:50 |
| Last lap Finish | 3.25 | 23:54 | 7:21 | 21 | 9:03 | 89 | 9:03 | 42.25 | 4:39:56 | 6:37 | 22 | 1:46:53 | 94 | 1:46:53 |