



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Steinbrecher, Diethard

Club: 100 Marathon Club

Number: 635

Course: 42.25 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 4:44:26

Speed: 8.86 km/h

Running performance: 6:44 min/km

Rank in course/Total: 105 (of 119)

Rank in course/Men: 97 (of 107)

Best time in course: 2:53:03

Rank in category: 3(of 6)

Best time in the category: 3:54:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:24	6:16	3	3:39	102	8:35	3.25	20:24	6:16	3	3:39	102	8:35
Lap 2	3.25	20:58	6:27	3	4:01	102	8:18	6.50	41:22	6:21	3	7:40	103	16:53
Lap 3	3.25	21:23	6:34	3	3:51	103	8:52	9.75	1:02:45	6:26	3	11:31	103	25:32
Lap 4	3.25	21:55	6:44	3	4:15	102	9:16	13.00	1:24:40	6:30	3	15:46	103	34:40
Lap 5	3.25	21:27	6:35	3	3:57	101	8:30	16.25	1:46:07	6:31	3	19:43	103	43:10
Lap 6	3.25	22:04	6:47	3	4:21	101	8:58	19.50	2:08:11	6:34	3	24:04	103	52:02
Lap 7	3.25	21:51	6:43	3	4:01	96	8:47	22.75	2:30:02	6:35	3	28:05	103	1:00:36
Lap 8	3.25	21:41	6:40	3	3:34	95	8:36	26.00	2:51:43	6:36	3	31:39	103	1:09:12
Lap 9	3.25	23:00	7:04	3	3:59	97	9:25	29.25	3:14:43	6:39	3	35:38	102	1:18:37
Lap 10	3.25	22:33	6:56	3	4:11	87	8:26	32.50	3:37:16	6:41	3	39:49	100	1:27:03
Lap 11	3.25	22:15	6:50	2	3:39	80	8:18	35.75	3:59:31	6:41	3	43:28	99	1:35:21
Lap 12	3.25	22:15	6:50	2	2:56	72	8:13	39.00	4:21:46	6:42	3	46:24	99	1:43:34
Last lap Finish	3.25	22:40	6:58	2	3:20	77	7:49	42.25	4:44:26	6:43	3	49:44	97	1:51:23