



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Philipeit, Rico

Club: TV Windecken

Number: 601

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:52:35

Speed: 8.61 km/h

Running performance: 6:56 min/km

Rank in course/Total: 109 (of 119)

Rank in course/Men: 100 (of 107)

Best time in course: 2:53:03

Rank in category: 24(of 24)

Best time in the category: 2:53:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:35	6:01	22	7:29	96	7:46	3.25	19:35	6:01	22	7:29	96	7:46
Lap 2	3.25	21:23	6:34	24	8:38	103	8:43	6.50	40:58	6:18	24	16:05	101	16:29
Lap 3	3.25	20:43	6:22	24	8:12	99	8:12	9.75	1:01:41	6:19	24	24:02	101	24:28
Lap 4	3.25	21:09	6:30	24	8:30	100	8:30	13.00	1:22:50	6:22	24	32:32	101	32:50
Lap 5	3.25	21:13	6:31	24	8:15	98	8:16	16.25	1:44:03	6:24	24	40:47	101	41:06
Lap 6	3.25	21:55	6:44	24	8:49	99	8:49	19.50	2:05:58	6:27	24	49:36	101	49:49
Lap 7	3.25	22:25	6:53	24	9:21	100	9:21	22.75	2:28:23	6:31	24	58:57	102	58:57
Lap 8	3.25	22:37	6:57	23	9:32	99	9:32	26.00	2:51:00	6:34	24	1:08:29	101	1:08:29
Lap 9	3.25	23:35	7:15	23	10:00	98	10:00	29.25	3:14:35	6:39	24	1:18:29	101	1:18:29
Lap 10	3.25	24:16	7:28	22	10:09	100	10:09	32.50	3:38:51	6:44	24	1:28:38	102	1:28:38
Lap 11	3.25	24:27	7:31	22	10:30	96	10:30	35.75	4:03:18	6:48	24	1:39:08	100	1:39:08
Lap 12	3.25	24:45	7:36	23	10:43	93	10:43	39.00	4:28:03	6:52	24	1:49:51	100	1:49:51
Last lap Finish	3.25	24:32	7:32	23	9:41	93	9:41	42.25	4:52:35	6:55	24	1:59:32	100	1:59:32