



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

### Thiel-Freitag, Wilhelma

Club: TSVE 1890 Bielefeld

Number: 641

Course: 42.25 km

Marathon

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 4:54:14

Speed: 8.56 km/h

Running performance: 6:58 min/km

Rank in course/Total: 110 (of 119)

Rank in course/Women: 10 (of 12)

Best time in course: 3:46:38

Rank in category: 1(of 1)

Best time in the category: 4:54:14

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:21	6:15	1	-	11	5:17	3.25	20:21	6:15	1	-	11	5:17
Lap 2	3.25	20:26	6:17	1	-	8	4:23	6.50	40:47	6:16	1	-	10	9:40
Lap 3	3.25	20:28	6:17	1	-	8	4:01	9.75	1:01:15	6:16	1	-	9	13:41
Lap 4	3.25	21:52	6:43	1	-	11	5:16	13.00	1:23:07	6:23	1	-	10	18:53
Lap 5	3.25	21:18	6:33	1	-	11	4:30	16.25	1:44:25	6:25	1	-	10	23:18
Lap 6	3.25	21:37	6:39	1	-	9	4:25	19.50	2:06:02	6:27	1	-	10	27:43
Lap 7	3.25	22:13	6:50	1	-	10	4:46	22.75	2:28:15	6:30	1	-	10	32:18
Lap 8	3.25	22:18	6:51	1	-	9	4:45	26.00	2:50:33	6:33	1	-	10	36:30
Lap 9	3.25	22:44	6:59	1	-	9	4:57	29.25	3:13:17	6:36	1	-	10	41:02
Lap 10	3.25	23:37	7:15	1	-	8	5:10	32.50	3:36:54	6:40	1	-	10	46:12
Lap 11	3.25	25:13	7:45	1	-	9	6:19	35.75	4:02:07	6:46	1	-	10	52:18
Lap 12	3.25	24:52	7:39	1	-	10	5:47	39.00	4:26:59	6:50	1	-	10	58:05
Last lap Finish	3.25	27:15	8:23	1	-	10	9:31	42.25	4:54:14	6:57	1	-	10	1:07:36