



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

**Beerbaum, Anke**

Club: Bielefeld

Number: 506

Course: 42.25 km

Marathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 5:04:47

Speed: 8.32 km/h

Running performance: 7:13 min/km

Rank in course/Total: 114 (of 119)

Rank in course/Women: 11 (of 12)

Best time in course: 3:46:38

Rank in category: 1(of 2)

Best time in the category: 5:04:47

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:21	6:15	2	0:56	11	5:17	3.25	20:21	6:15	2	0:56	11	5:17
Lap 2	3.25	20:26	6:17	1	-	8	4:23	6.50	40:47	6:16	2	0:08	10	9:40
Lap 3	3.25	20:28	6:17	1	-	8	4:01	9.75	1:01:15	6:16	1	-	9	13:41
Lap 4	3.25	21:53	6:44	2	0:31	12	5:17	13.00	1:23:08	6:23	2	0:29	11	18:54
Lap 5	3.25	21:17	6:32	1	-	10	4:29	16.25	1:44:25	6:25	1	-	10	23:18
Lap 6	3.25	21:37	6:39	1	-	9	4:25	19.50	2:06:02	6:27	1	-	10	27:43
Lap 7	3.25	22:13	6:50	1	-	10	4:46	22.75	2:28:15	6:30	1	-	10	32:18
Lap 8	3.25	22:49	7:01	1	-	11	5:16	26.00	2:51:04	6:34	1	-	11	37:01
Lap 9	3.25	24:34	7:33	1	-	11	6:47	29.25	3:15:38	6:41	1	-	11	43:23
Lap 10	3.25	25:23	7:48	2	0:04	12	6:56	32.50	3:41:01	6:48	1	-	11	50:19
Lap 11	3.25	26:17	8:05	1	-	11	7:23	35.75	4:07:18	6:55	1	-	11	57:29
Lap 12	3.25	26:05	8:01	2	0:16	12	7:00	39.00	4:33:23	7:00	1	-	11	1:04:29
Last lap Finish	3.25	31:24	9:39	2	3:05	12	13:40	42.25	5:04:47	7:12	1	-	11	1:18:09