



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Dumdey, Rene

Club: Team Erdinger Alkoholfrei

Number: 28

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 39:02

Speed: 13.83 km/h

Running performance: 4:00 min/km

Rank in course/Total: 5 (of 181)

Rank in course/Men: 5 (of 122)

Best time in course: 34:17

Rank in category: 1(of 16)

Best time in the category: 39:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:08	4:02	3	0:14	11	1:43	3.25	13:08	4:02	3	0:14	11	1:43
Lap 2	3.25	13:07	4:02	1	-	5	1:38	6.50	26:15	4:02	1	-	8	3:21
Last lap Finish	3.25	12:47	3:55	1	-	4	1:24	9.75	39:02	4:00	1	-	5	4:45