



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Weis, Ann-Christin

Club: team-naunheim.de

Number: 197

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 50:22

Speed: 11.61 km/h

Running performance: 5:10 min/km

Rank in course/Total: 63 (of 181)

Rank in course/Women: 9 (of 59)

Best time in course: 39:58

Rank in category: 2(of 8)

Best time in the category: 47:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:27	5:03	2	1:05	10	3:14	3.25	16:27	5:03	2	1:05	10	3:14
Lap 2	3.25	17:39	5:25	3	1:40	14	4:18	6.50	34:06	5:14	2	2:45	13	7:32
Last lap Finish	3.25	16:16	5:00	1	-	6	2:52	9.75	50:22	5:09	2	2:34	9	10:24