



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Zimmermann, Ulrich

Club: Lauffreunde Zimmermann

Number: 213

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 50:32

Speed: 10.69 km/h

Running performance: 5:11 min/km

Rank in course/Total: 67 (of 181)

Rank in course/Men: 56 (of 122)

Best time in course: 34:17

Rank in category: 1(of 10)

Best time in the category: 50:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:47	5:09	1	-	62	5:22	3.25	16:47	5:09	1	-	62	5:22
Lap 2	3.25	17:04	5:15	1	-	55	5:35	6.50	33:51	5:12	1	-	59	10:57
Last lap Finish	3.25	16:41	5:08	1	-	48	5:18	9.75	50:32	5:10	1	-	56	16:15