



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Bittner, Andrea

Club: LAV 07 Bad Harzburg e.V.

Number: 11

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 50:41

Speed: 10.65 km/h

Running performance: 5:12 min/km

Rank in course/Total: 68 (of 181)

Rank in course/Women: 12 (of 59)

Best time in course: 39:58

Rank in category: 1(of 11)

Best time in the category: 50:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 3.25 | 16:28 | 5:03 | 2 | 0:22 | 11 | 3:15 | 3.25 | 16:28 | 5:03 | 2 | 0:22 | 11 | 3:15 |
| Lap 2 | 3.25 | 16:59 | 5:13 | 1 | - | 10 | 3:38 | 6.50 | 33:27 | 5:08 | 2 | 0:08 | 12 | 6:53 |
| Last lap Finish | 3.25 | 17:14 | 5:18 | 1 | - | 11 | 3:50 | 9.75 | 50:41 | 5:11 | 1 | - | 12 | 10:43 |