



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Bittner, Andrea

Club: LAV 07 Bad Harzburg e.V.

Number: 11

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 50:41

Speed: 10.65 km/h

Running performance: 5:12 min/km

Rank in course/Total: 68 (of 181)

Rank in course/Women: 12 (of 59)

Best time in course: 39:58

Rank in category: 1(of 11)

Best time in the category: 50:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:28	5:03	2	0:22	11	3:15	3.25	16:28	5:03	2	0:22	11	3:15
Lap 2	3.25	16:59	5:13	1	-	10	3:38	6.50	33:27	5:08	2	0:08	12	6:53
Last lap Finish	3.25	17:14	5:18	1	-	11	3:50	9.75	50:41	5:11	1	-	12	10:43