



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Paschke, Thilo

Club: Berlin
Number: 140

Course: 9.75 km
10 km Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 50:58

Speed: 10.60 km/h
Running performance: 5:14 min/km

Rank in course/Total: 69 (of 181)

Rank in course/Men: 57 (of 122)

Best time in course: 34:17

Rank in category: 6(of 16)

Best time in the category: 42:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:06	4:57	4	2:14	50	4:41	3.25	16:06	4:57	4	2:14	50	4:41
Lap 2	3.25	17:13	5:17	8	3:00	59	5:44	6.50	33:19	5:07	5	5:14	55	10:25
Last lap Finish	3.25	17:39	5:25	8	3:17	64	6:16	9.75	50:58	5:13	6	8:31	57	16:41