



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Otto, Ronny

Club: Halle (Saale)

Number: 136

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 51:12

Speed: 10.55 km/h

Running performance: 5:15 min/km

Rank in course/Total: 72 (of 181)

Rank in course/Men: 59 (of 122)

Best time in course: 34:17

Rank in category: 7(of 16)

Best time in the category: 42:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:32	5:05	6	2:40	60	5:07	3.25	16:32	5:05	6	2:40	60	5:07
Lap 2	3.25	17:07	5:15	6	2:54	56	5:38	6.50	33:39	5:10	6	5:34	57	10:45
Last lap Finish	3.25	17:33	5:24	7	3:11	61	6:10	9.75	51:12	5:15	7	8:45	59	16:55