



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Riedel, Kay

Club: Vitusteam

Number: 152

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 51:24

Speed: 11.38 km/h

Running performance: 5:16 min/km

Rank in course/Total: 75 (of 181)

Rank in course/Men: 62 (of 122)

Best time in course: 34:17

Rank in category: 10(of 16)

Best time in the category: 39:02

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 16:02 | 4:56 | 8 | 3:08 | 48 | 4:37 | 3.25 | 16:02 | 4:56 | 8 | 3:08 | 48 | 4:37 |
| Lap 2 | 3.25 | 17:26 | 5:21 | 10 | 4:19 | 63 | 5:57 | 6.50 | 33:28 | 5:08 | 10 | 7:13 | 56 | 10:34 |
| Last lap Finish | 3.25 | 17:56 | 5:31 | 10 | 5:09 | 68 | 6:33 | 9.75 | 51:24 | 5:16 | 10 | 12:22 | 62 | 17:07 |