



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Weiss, Stefan

Club: Künzell

Number: 201

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 52:07

Speed: 11.22 km/h

Running performance: 5:21 min/km

Rank in course/Total: 79 (of 181)

Rank in course/Men: 66 (of 122)

Best time in course: 34:17

Rank in category: 11(of 17)

Best time in the category: 43:09

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:11 | 5:17 | 11 | 3:18 | 66 | 5:46 | 3.25 | 17:11 | 5:17 | 11 | 3:18 | 66 | 5:46 |
| Lap 2 | 3.25 | 17:27 | 5:22 | 10 | 2:42 | 64 | 5:58 | 6.50 | 34:38 | 5:19 | 11 | 6:00 | 67 | 11:44 |
| Last lap Finish | 3.25 | 17:29 | 5:22 | 9 | 2:58 | 60 | 6:06 | 9.75 | 52:07 | 5:20 | 11 | 8:58 | 66 | 17:50 |