



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Weiss, Stefan

Club: Künzell

Number: 201

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 52:07

Speed: 11.22 km/h

Running performance: 5:21 min/km

Rank in course/Total: 79 (of 181)

Rank in course/Men: 66 (of 122)

Best time in course: 34:17

Rank in category: 11(of 17)

Best time in the category: 43:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:11	5:17	11	3:18	66	5:46	3.25	17:11	5:17	11	3:18	66	5:46
Lap 2	3.25	17:27	5:22	10	2:42	64	5:58	6.50	34:38	5:19	11	6:00	67	11:44
Last lap Finish	3.25	17:29	5:22	9	2:58	60	6:06	9.75	52:07	5:20	11	8:58	66	17:50