



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Wienberg, Sandro

Club: Maintal

Number: 203

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 47:12

Speed: 12.39 km/h

Running performance: 4:50 min/km

Rank in course/Total: 39 (of 181)

Rank in course/Men: 36 (of 122)

Best time in course: 34:17

Rank in category: 7(of 12)

Best time in the category: 37:06

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 15:44 | 4:50 | 8 | 3:49 | 43 | 4:19 | 3.25 | 15:44 | 4:50 | 8 | 3:49 | 43 | 4:19 |
| Lap 2 | 3.25 | 15:56 | 4:54 | 7 | 3:19 | 37 | 4:27 | 6.50 | 31:40 | 4:52 | 7 | 7:08 | 37 | 8:46 |
| Last lap Finish | 3.25 | 15:32 | 4:46 | 7 | 2:58 | 30 | 4:09 | 9.75 | 47:12 | 4:50 | 7 | 10:06 | 36 | 12:55 |