



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Zenz, Alice

Club: Team Wonderland

Number: 212

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 54:36

Speed: 9.89 km/h

Running performance: 5:36 min/km

Rank in course/Total: 92 (of 181)

Rank in course/Women: 17 (of 59)

Best time in course: 39:58

Rank in category: 2(of 7)

Best time in the category: 47:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:53	5:11	2	1:38	13	3:40	3.25	16:53	5:11	2	1:38	13	3:40
Lap 2	3.25	18:57	5:49	3	2:39	21	5:36	6.50	35:50	5:30	2	4:17	16	9:16
Last lap Finish	3.25	18:46	5:46	2	2:21	19	5:22	9.75	54:36	5:36	2	6:38	17	14:38