



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

**Roth, Wolfgang**

Club: Mühlal - Laufverein

Number: 156

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 54:53

Speed: 10.66 km/h

Running performance: 5:38 min/km

Rank in course/Total: 93 (of 181)

Rank in course/Men: 76 (of 122)

Best time in course: 34:17

Rank in category: 3(of 10)

Best time in the category: 50:32

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 3.25        | 17:47         | 5:28            | 3           | 1:00           | 77          | 6:22          | 3.25          | 17:47         | 5:28            | 3           | 1:00           | 77         | 6:22          |
| Lap 2           | 3.25        | 18:34         | 5:42            | 3           | 1:30           | 77          | 7:05          | 6.50          | 36:21         | 5:35            | 3           | 2:30           | 75         | 13:27         |
| Last lap Finish | 3.25        | 18:32         | 5:42            | 3           | 1:51           | 77          | 7:09          | 9.75          | 54:53         | 5:37            | 3           | 4:21           | 76         | 20:36         |