



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Pikarski, Jessica

Club: Team Kyffhäuser

Number: 143

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 55:00

Speed: 10.64 km/h

Running performance: 5:38 min/km

Rank in course/Total: 94 (of 181)

Rank in course/Women: 18 (of 59)

Best time in course: 39:58

Rank in category: 3(of 7)

Best time in the category: 47:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 3.25 | 17:26 | 5:21 | 3 | 2:11 | 17 | 4:13 | 3.25 | 17:26 | 5:21 | 3 | 2:11 | 17 | 4:13 |
| Lap 2 | 3.25 | 18:39 | 5:44 | 2 | 2:21 | 18 | 5:18 | 6.50 | 36:05 | 5:33 | 3 | 4:32 | 18 | 9:31 |
| Last lap Finish | 3.25 | 18:55 | 5:49 | 3 | 2:30 | 20 | 5:31 | 9.75 | 55:00 | 5:38 | 3 | 7:02 | 18 | 15:02 |