



6. Lindenblütencross
Walschleben / 26.06.2016

Detailed evaluation

Pomrehn, Frank

Club: SV Sömmerda e.V.
Number: 135

Course: 11.20 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 53:39

Speed: 12.30 km/h
Running performance: 4:47 min/km

Rank in course/Total: 17 (of 73)

Rank in course/Men: 16 (of 55)

Best time in course: 38:18

Rank in category: 2(of 10)

Best time in the category: 53:00