



6. Lindenblütencross
Walschleben / 26.06.2016

Detailed evaluation

Ruhe, Martin

Club: Elxleben
Number: 41

Course: 11.20 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 57:49

Speed: 11.42 km/h
Running performance: 5:10 min/km

Rank in course/Total: 30 (of 73)

Rank in course/Men: 29 (of 55)

Best time in course: 38:18

Rank in category: 3(of 8)

Best time in the category: 41:02