



6. Lindenblütencross  
Walschleben / 26.06.2016

Detailed evaluation

**Nowak, Annett**

Club: Walschberg Runners  
Number: 252

Course: 5.60 km  
Jedermannslauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 38:07

Speed: 7.87 km/h  
Running performance: 6:49 min/km

Rank in course/Total: 38 (of 41)

Rank in course/Women: 8 (of 11)

Best time in course: 32:18

Rank in category: 1(of 1)

Best time in the category: 38:07