



6. Lindenblütencross
Walschleben / 26.06.2016

Detailed evaluation

Koch, Steffen

Club: Sömmerdaer Gipfelstürmer
Number: 27

Course: 11.20 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 46:28

Speed: 14.20 km/h
Running performance: 4:09 min/km

Rank in course/Total: 4 (of 73)

Rank in course/Men: 4 (of 55)

Best time in course: 38:18

Rank in category: 1(of 7)

Best time in the category: 46:28