



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Wahlig, André

Total time: 1:15:03

Club: Heppenheimer Skiclub

Number: 116

Course: 25.50 km

Rank in course/Total: 118 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 103 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 16(of 31)

Senioren 1 (TM 40)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:31	25:02	25	4:34	170	5:13	0.50	12:31	25:02	32	4:34	241	5:13
Wechsel S -> R	-	2:47	-	22	1:25	143	1:31	0.50	15:18	30:36	32	5:41	241	6:14
Schwimmen Total	0.50	15:18	30:36	32	5:41	241	6:14	0.50	15:18	30:36	32	5:41	241	6:14
Rad netto	20.00	36:42	1:50	17	4:37	110	12:13	20.50	52:00	2:32	32	7:59	241	10:32
Wechsel R -> L	-	1:11	-	19	0:41	151	0:44	20.50	53:11	2:35	32	12:00	241	12:00
Rad Total	20.00	37:53	1:53	17	5:17	111	9:54	20.50	53:11	2:35	32	12:00	241	12:00
Lauf	5.00	21:52	4:22	9	4:01	61	4:14	25.50	1:15:03	2:56	16	12:18	103	13:43