



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Steffes-Schneider, Simone

Total time: 1:14:03

Club: Stimmel-Sports

Number: 139

Course: 25.50 km

Rank in course/Total: 108 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 13 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 3(of 11)

Seniorinnen 2 TW 45)

Best time in the category: 1:12:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	8:54	17:48	1	-	5	0:35	0.50	8:54	17:48	1	-	97	0:35
Wechsel S -> R	-	2:05	-	1	-	11	1:25	0.50	10:59	21:57	1	-	97	0:53
Schwimmen Total	0.50	10:59	21:57	1	-	97	0:53	0.50	10:59	21:57	1	-	97	0:53
Rad netto	20.00	36:52	1:50	1	-	9	3:59	20.50	47:51	2:20	1	-	97	4:33
Wechsel R -> L	-	1:26	-	8	0:36	73	0:57	20.50	49:17	2:24	1	-	97	5:24
Rad Total	20.00	38:18	1:54	1	-	11	4:50	20.50	49:17	2:24	1	-	97	5:24
Lauf	5.00	24:46	4:57	4	3:22	20	10:23	25.50	1:14:03	2:54	3	1:37	13	9:38