



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

### Deuerling, Silke

Club: TG Heddesheim

Number: 62

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Seniorinnen 2 TW 45)

Total time: 1:38:58

Rank in course/Total: 317 (of 336)

Rank in course/Women: 85 (of 96)

Best time in course: 1:04:25

Rank in category: 10(of 11)

Best time in the category: 1:12:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:38	27:15	10	4:44	79	5:19	0.50	13:38	27:15	12	4:44	79	5:19
Wechsel S -> R	-	3:18	-	9	1:13	72	2:38	0.50	16:56	33:52	12	5:57	81	6:50
Schwimmen Total	0.50	16:56	33:52	12	5:57	81	6:50	0.50	16:56	33:52	12	5:57	81	6:50
Rad netto	20.00	47:33	2:22	11	10:41	85	14:40	20.50	1:04:29	3:08	12	16:38	83	21:11
Wechsel R -> L	-	1:06	-	5	0:16	52	0:37	20.50	1:05:35	3:11	12	16:18	83	21:42
Rad Total	20.00	48:39	2:25	10	10:21	83	15:11	20.50	1:05:35	3:11	12	16:18	83	21:42
Lauf	5.00	33:23	6:40	10	11:59	83	19:00	25.50	1:38:58	3:52	10	26:32	85	34:33