



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Hennig, Andreas

Club: DZ BANK runners

Number: 113

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 2 (TM 45)

Total time: 1:22:50

Rank in course/Total: 214 (of 336)

Rank in course/Men: 173 (of 240)

Best time in course: 1:01:20

Rank in category: 29(of 39)

Best time in the category: 1:03:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:30	21:00	16	2:56	99	3:12	0.50	10:30	21:00	40	2:56	241	3:12
Wechsel S -> R	-	3:00	-	27	1:30	160	1:44	0.50	13:30	27:00	40	4:26	241	4:26
Schwimmen Total	0.50	13:30	27:00	40	4:26	241	4:26	0.50	13:30	27:00	40	4:26	241	4:26
Rad netto	20.00	38:04	1:54	28	6:48	144	13:35	20.50	51:34	2:30	40	9:35	241	10:06
Wechsel R -> L	-	1:17	-	28	0:50	168	0:50	20.50	52:51	2:34	40	10:06	241	11:40
Rad Total	20.00	39:21	1:58	28	7:13	141	11:22	20.50	52:51	2:34	40	10:06	241	11:40
Lauf	5.00	29:59	5:59	35	11:07	214	12:21	25.50	1:22:50	3:14	29	19:24	173	21:30