



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Walter, Christoph

Club: Die Hard Triathlon

Number: 160

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

männliche AK 3 (TM 30)

Total time: 1:05:50

Rank in course/Total: 21 (of 336)

Rank in course/Men: 20 (of 240)

Best time in course: 1:01:20

Rank in category: 4(of 28)

Best time in the category: 1:01:20

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:49	19:37	7	1:39	58	2:31	0.50	9:49	19:37	29	1:39	241	2:31
Wechsel S -> R	-	1:47	-	2	0:05	34	0:31	0.50	11:36	23:11	29	1:21	241	2:32
Schwimmen Total	0.50	11:36	23:11	29	1:21	241	2:32	0.50	11:36	23:11	29	1:21	241	2:32
Rad netto	20.00	33:01	1:39	2	2:15	17	8:32	20.50	44:37	2:10	4	2:28	24	3:09
Wechsel R -> L	-	0:40	-	6	0:03	28	0:13	20.50	45:17	2:12	4	2:31	241	4:06
Rad Total	20.00	33:41	1:41	2	2:18	15	5:42	20.50	45:17	2:12	4	2:31	241	4:06
Lauf	5.00	20:33	4:06	6	1:59	27	2:55	25.50	1:05:50	2:34	4	4:30	20	4:30