



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Epple, Anke

Total time: 1:47:22

Number: 74

Course: 25.50 km

Rank in course/Total: 327 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 91 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 18(of 19)

Seniorinnen 1 (TW 40)

Best time in the category: 1:04:25

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:50	25:40	13	4:10	69	4:31	0.50	12:50	25:40	13	4:10	69	4:31
Wechsel S -> R	-	3:44	-	17	2:04	83	3:04	0.50	16:34	33:07	15	6:09	76	6:28
Schwimmen Total	0.50	16:34	33:07	15	6:09	76	6:28	0.50	16:34	33:07	15	6:09	76	6:28
Rad netto	20.00	57:28	2:52	18	24:35	95	24:35	20.50	1:14:02	3:36	18	30:44	94	30:44
Wechsel R -> L	-	1:31	-	16	0:56	79	1:02	20.50	1:15:33	3:41	18	31:40	94	31:40
Rad Total	20.00	58:59	2:56	19	25:31	96	25:31	20.50	1:15:33	3:41	18	31:40	94	31:40
Lauf	5.00	31:49	6:21	15	11:17	79	17:26	25.50	1:47:22	4:12	18	42:57	91	42:57