



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Jäger-Langhoff, Lea

Total time: 1:27:34

Number: 129

Course: 25.50 km

Rank in course/Total: 265 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 64 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 12(of 19)

Seniorinnen 1 (TW 40)

Best time in the category: 1:04:25

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:16	22:32	9	2:36	38	2:57	0.50	11:16	22:32	20	2:36	97	2:57
Wechsel S -> R	-	2:46	-	10	1:06	47	2:06	0.50	14:02	28:03	20	3:37	97	3:56
Schwimmen Total	0.50	14:02	28:03	20	3:37	97	3:56	0.50	14:02	28:03	20	3:37	97	3:56
Rad netto	20.00	43:15	2:09	15	10:22	72	10:22	20.50	57:17	2:47	20	13:59	97	13:59
Wechsel R -> L	-	1:36	-	17	1:01	84	1:07	20.50	58:53	2:52	20	15:00	97	15:00
Rad Total	20.00	44:51	2:14	16	11:23	74	11:23	20.50	58:53	2:52	20	15:00	97	15:00
Lauf	5.00	28:41	5:44	12	8:09	65	14:18	25.50	1:27:34	3:26	12	23:09	64	23:09