



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Ewig, Jutta

Total time: 1:30:30

Club: RV 03 Bürstadt Triathlon

Number: 97

Course: 25.50 km

Rank in course/Total: 287 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 73 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 9(of 11)

Seniorinnen 2 TW 45)

Best time in the category: 1:12:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:27	22:53	6	2:33	42	3:08	0.50	11:27	22:53	6	2:33	97	3:08
Wechsel S -> R	-	3:55	-	10	1:50	88	3:15	0.50	15:22	30:44	8	4:23	97	5:16
Schwimmen Total	0.50	15:22	30:44	8	4:23	97	5:16	0.50	15:22	30:44	8	4:23	97	5:16
Rad netto	20.00	38:50	1:56	5	1:58	27	5:57	20.50	54:12	2:38	6	6:21	97	10:54
Wechsel R -> L	-	1:09	-	6	0:19	55	0:40	20.50	55:21	2:42	6	6:04	97	11:28
Rad Total	20.00	39:59	1:59	4	1:41	25	6:31	20.50	55:21	2:42	6	6:04	97	11:28
Lauf	5.00	35:09	7:01	11	13:45	89	20:46	25.50	1:30:30	3:32	9	18:04	73	26:05