



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Schaefer, Tobias

Club: TEAM Body-Attack

Number: 189

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

männliche AK 3 (TM 30)

Total time: 1:15:31

Rank in course/Total: 123 (of 336)

Rank in course/Men: 107 (of 240)

Best time in course: 1:01:20

Rank in category: 12(of 28)

Best time in the category: 1:01:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:10	20:19	9	2:00	78	2:52	0.50	10:10	20:19	29	2:00	241	2:52
Wechsel S -> R	-	3:05	-	19	1:23	169	1:49	0.50	13:15	26:30	29	3:00	241	4:11
Schwimmen Total	0.50	13:15	26:30	29	3:00	241	4:11	0.50	13:15	26:30	29	3:00	241	4:11
Rad netto	20.00	40:40	2:01	21	9:54	194	16:11	20.50	53:55	2:37	17	11:46	241	12:27
Wechsel R -> L	-	0:56	-	16	0:19	91	0:29	20.50	54:51	2:40	18	12:05	241	13:40
Rad Total	20.00	41:36	2:04	20	10:13	185	13:37	20.50	54:51	2:40	18	12:05	241	13:40
Lauf	5.00	20:40	4:08	8	2:06	31	3:02	25.50	1:15:31	2:57	12	14:11	107	14:11