



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Gonzales Salas, Miguel Angel

Total time: 1:18:58

Number: 150

Course: 25.50 km

Rank in course/Total: 172 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 149 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 3(of 5)

männliche Jugend A (TM 16/17)

Best time in the category: 1:12:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:29	22:57	4	2:08	137	4:11	0.50	11:29	22:57	6	2:08	241	4:11
Wechsel S -> R	-	2:31	-	3	0:21	124	1:15	0.50	14:00	28:00	6	2:29	241	4:56
Schwimmen Total	0.50	14:00	28:00	6	2:29	241	4:56	0.50	14:00	28:00	6	2:29	241	4:56
Rad netto	20.00	42:11	2:06	4	7:06	209	17:42	20.50	56:11	2:44	6	9:35	241	14:43
Wechsel R -> L	-	0:39	-	2	0:05	24	0:12	20.50	56:50	2:46	6	9:18	241	15:39
Rad Total	20.00	42:50	2:08	4	6:49	202	14:51	20.50	56:50	2:46	6	9:18	241	15:39
Lauf	5.00	22:08	4:25	1	-	68	4:30	25.50	1:18:58	3:05	3	6:31	149	17:38