



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

**Hennemann, Florian**

**Total time: 1:19:21**

Club: Assoziales Netzwerk Sektion Triathlon neV

Number: 182

Course: 25.50 km

Rank in course/Total: 178 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 153 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 4(of 5)

männliche Jugend A (TM 16/17)

Best time in the category: 1:12:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:18	20:36	2	0:57	87	3:00	0.50	10:18	20:36	6	0:57	241	3:00
Wechsel S -> R	-	3:56	-	4	1:46	211	2:40	0.50	14:14	28:27	6	2:43	141	5:10
Schwimmen Total	0.50	14:14	28:27	6	2:43	141	5:10	0.50	14:14	28:27	6	2:43	141	5:10
Rad netto	20.00	37:45	1:53	2	2:40	133	13:16	20.50	51:59	2:32	6	5:23	241	10:31
Wechsel R -> L	-	1:10	-	4	0:36	147	0:43	20.50	53:09	2:35	6	5:37	241	11:58
Rad Total	20.00	38:55	1:56	2	2:54	133	10:56	20.50	53:09	2:35	6	5:37	241	11:58
Lauf	5.00	26:12	5:14	4	4:04	172	8:34	25.50	1:19:21	3:06	4	6:54	153	18:01