



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Wittke, Carina

Total time: 1:59:42

Number: 54

Course: 25.50 km

Rank in course/Total: 335 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 96 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 15(of 15)

weibliche AK 2 (TW 25)

Best time in the category: 1:10:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	14:56	29:52	14	5:34	91	6:37	0.50	14:56	29:52	14	5:34	91	6:37
Wechsel S -> R	-	4:57	-	15	3:09	95	4:17	0.50	19:53	39:45	15	8:05	94	9:47
Schwimmen Total	0.50	19:53	39:45	15	8:05	94	9:47	0.50	19:53	39:45	15	8:05	94	9:47
Rad netto	20.00	56:37	2:49	15	20:40	94	23:44	20.50	1:16:30	3:43	15	28:24	95	33:12
Wechsel R -> L	-	1:14	-	13	0:45	64	0:45	20.50	1:17:44	3:47	15	29:09	95	33:51
Rad Total	20.00	57:51	2:53	15	21:20	94	24:23	20.50	1:17:44	3:47	15	29:09	95	33:51
Lauf	5.00	41:58	8:23	15	23:13	94	27:35	25.50	1:59:42	4:41	15	49:40	96	55:17