



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Egel-Hess, Dr. Wolfgang

Total time: 1:20:21

Club: LT Lorsch

Number: 184

Course: 25.50 km

Rank in course/Total: 188 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 160 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 8(of 20)

Senioren 4 (TM 55)

Best time in the category: 1:11:32

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:45	25:30	11	2:37	180	5:27	0.50	12:45	25:30	21	2:37	241	5:27
Wechsel S -> R	-	2:58	-	10	1:18	158	1:42	0.50	15:43	31:26	21	3:07	241	6:39
Schwimmen Total	0.50	15:43	31:26	21	3:07	241	6:39	0.50	15:43	31:26	21	3:07	241	6:39
Rad netto	20.00	36:24	1:49	4	2:44	99	11:55	20.50	52:07	2:32	21	5:48	241	10:39
Wechsel R -> L	-	1:25	-	11	0:38	188	0:58	20.50	53:32	2:36	21	6:17	241	12:21
Rad Total	20.00	37:49	1:53	4	3:13	110	9:50	20.50	53:32	2:36	21	6:17	241	12:21
Lauf	5.00	26:49	5:21	9	2:32	185	9:11	25.50	1:20:21	3:09	8	8:49	160	19:01