



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Harhausen, Marcel

Total time: 1:21:39

Number: 149

Course: 25.50 km

Rank in course/Total: 199 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 166 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 19(of 28)

männliche AK 3 (TM 30)

Best time in the category: 1:01:20

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.50 | 10:17 | 20:33 | 11 | 2:07 | 84 | 2:59 | 0.50 | 10:17 | 20:33 | 29 | 2:07 | 241 | 2:59 |
| Wechsel S -> R | - | 3:15 | - | 22 | 1:33 | 179 | 1:59 | 0.50 | 13:32 | 27:03 | 29 | 3:17 | 241 | 4:28 |
| Schwimmen Total | 0.50 | 13:32 | 27:03 | 29 | 3:17 | 241 | 4:28 | 0.50 | 13:32 | 27:03 | 29 | 3:17 | 241 | 4:28 |
| Rad netto | 20.00 | 41:13 | 2:03 | 23 | 10:27 | 199 | 16:44 | 20.50 | 54:45 | 2:40 | 21 | 12:36 | 241 | 13:17 |
| Wechsel R -> L | - | 0:47 | - | 11 | 0:10 | 54 | 0:20 | 20.50 | 55:32 | 2:42 | 20 | 12:46 | 241 | 14:21 |
| Rad Total | 20.00 | 42:00 | 2:06 | 24 | 10:37 | 196 | 14:01 | 20.50 | 55:32 | 2:42 | 20 | 12:46 | 241 | 14:21 |
| Lauf | 5.00 | 26:07 | 5:13 | 24 | 7:33 | 169 | 8:29 | 25.50 | 1:21:39 | 3:12 | 19 | 20:19 | 166 | 20:19 |