



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Gärtner, Silke

Total time: 1:24:30

Number: 186

Course: 25.50 km

Rank in course/Total: 234 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 52 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 6(of 10)

weibliche AK 4 (TW 35)

Best time in the category: 1:10:01

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:01	22:02	4	0:42	29	2:42	0.50	11:01	22:02	11	0:42	97	2:42
Wechsel S -> R	-	2:48	-	6	1:16	51	2:08	0.50	13:49	27:37	5	1:48	97	3:43
Schwimmen Total	0.50	13:49	27:37	5	1:48	97	3:43	0.50	13:49	27:37	5	1:48	97	3:43
Rad netto	20.00	40:45	2:02	4	4:23	46	7:52	20.50	54:34	2:39	5	6:11	97	11:16
Wechsel R -> L	-	0:51	-	4	0:13	24	0:22	20.50	55:25	2:42	5	6:15	97	11:32
Rad Total	20.00	41:36	2:04	4	4:27	41	8:08	20.50	55:25	2:42	5	6:15	97	11:32
Lauf	5.00	29:05	5:48	8	8:14	67	14:42	25.50	1:24:30	3:18	6	14:29	52	20:05