



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Stiepanie, Ursula

Total time: 1:25:52

Club: Venice Beach/ Niebel

Number: 192

Course: 25.50 km

Rank in course/Total: 248 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 57 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 2(of 5)

Seniorinnen 4 (TW 55)

Best time in the category: 1:23:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:36	27:11	4	3:20	78	5:17	0.50	13:36	27:11	6	3:20	97	5:17
Wechsel S -> R	-	2:28	-	2	1:48	27	1:48	0.50	16:04	32:07	6	3:58	97	5:58
Schwimmen Total	0.50	16:04	32:07	6	3:58	97	5:58	0.50	16:04	32:07	6	3:58	97	5:58
Rad netto	20.00	42:34	2:07	2	3:08	64	9:41	20.50	58:38	2:51	6	3:55	97	15:20
Wechsel R -> L	-	1:00	-	2	0:15	39	0:31	20.50	59:38	2:54	6	3:41	97	15:45
Rad Total	20.00	43:34	2:10	2	2:18	63	10:06	20.50	59:38	2:54	6	3:41	97	15:45
Lauf	5.00	26:14	5:14	1	-	34	11:51	25.50	1:25:52	3:22	2	2:15	57	21:27